

Having Inner Peace in the Midst of Chaos and Turmoil!

Colossians 3: 15-17

May 4, 2025

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You made it through 1Kings and just finished with Colossians; tomorrow Philippians, 2Kings

Opening Question:

How many of you are trying to live the Christian life on a daily basis? Has it left you feeling tired, exhausted, empty, worn out to the point that you have no peace, no joy and no hope?

Are you asking yourself and others is this what the Christian Life is all about? Charles Spurgeon, “You will never know the fullness of Christ until you know the Emptiness of everything else, but Christ.”

Today we are going to look in Colossians 3:15-17 to see what Paul has to say about how to have Inner Peace and how it overflows into every area of your life.

Stand with me in honor of God’s Word as we read Colossians 3:15-17.
Speak Lord for your servants are listening. 1Samuel 3:9
Pray with me!

Written AD60-62, Prison in Rome

Paul’s letter to the church at Colossae is one the prison letters (along with Ephesians, Philippians and Philemon). Paul’s desire with this letter was to correct the false teachings that were cropping up in the church. While doing this, Paul presented a clear picture of Jesus Christ as supreme Lord of the universe, head of the church, and the only one through whom forgiveness is possible.

Colossians is broken up into two parts:

Col. 1-2: Deals with the supremacy of Christ and the vigorous criticism of false teachings.

Col. 3-4: How to live the Christian Life, application (Christ Centered Life)

As we look at having Inner Peace, the P stands for:

1) Devoted to Prayer: Col. 4:2, Devote yourselves to prayer, but not just any prayer, Fervent Prayer: a heartfelt and passionate expression of a person’s emotions and desires to God, often marked by sincerity and intensity. It comes from the depths of our soul, reflecting a genuine need, gratitude and a deep connection with Christ.

James 5:16 NKJV, “The effective fervent prayer of a righteous man avails much.”

Nehemiah 1, Daniel, David, 2Chron. 20, Jehoshaphat, Paul

May our prayers not be a ritual or just something that we do, but it is a part of who we are!

Ex. 24hr. Prayer and Bible Reading

2) Embrace the power of Christ:

The question, How many of us are trying to live the Christian life in our own power, instead of letting the power of Christ live in us and through us. We try to do everything in our power and it leave us feeling empty. What is ruling or controlling our hearts besides Christ. There is not peace when there is something other than Christ ruling our lives.

John 14:27, "Peace I leave with you. My peace I give to you. I do not give to you as the world gives. Don't let your heart be troubled or fearful."

Col. 3:2, "Set your mind on the things above, not on earthly things."

Rom. 8:6, "Now the mindset of the flesh is death, but the mindset of the Spirit is life and peace."

Rom. 8:11, "And if the Spirit of him who raised Jesus from the dead lives in you, then he who raised Christ from the dead will also bring your mortal bodies to life through his Spirit who lives in you."

Ex. Little kids trying to pick something up to heavy

3) Abide in His presence:

Abide: being alert to His presence and His purposes while always resting, always receiving, yet amazingly becoming more fruitful than ever." Priscilla Shirer, I Surrender All " To saturate ourselves in His presence and His word." Vance Pitman, Leverage Your Life. Through this you will deepen your devotion with Jesus who is constantly and consistently on your mind because you are connected to Him as John 15:5 says, "I am the vine, you are the branches. The one who remains in me and I in him produces much fruit, because you can do nothing without me."

Abide is not about Living for Jesus, it's about letting Christ live in and through you. Activity doesn't produce fruit in us, it is our relationship with Him!

Richard Blackaby Focus on maintaining alignment with Christ

Ex. Robert Morgan, "100 Bible Verses everyone should memorize" Saturate your life with the word. Think about it, write it down, respond to it, listen for His voice. Apart from abiding from Him our lives will produce nothing of value for the sake of the kingdom. We will have no inner peace without Abiding in Him. Staying connected with Christ is everything. This will allow the word of Christ to dwell richly and deeply inside of us giving us peace and wisdom.

Col. 3:16 Christian activity and Christlikeness are not the same things.

We must be rooted in Christ, Col. 2:7

4) Contentment in His Presence, brings gratitude: When we are content in Christ, we celebrate His goodness: His grace, mercy, kindness, love, faithfulness, protection. (Phil. 4:8)

In order to have inner peace we must be content in Christ and when we do this, we will live a life a thanksgiving. It will change our perspective on our circumstances. By immersing our hearts in gratitude and thanksgiving, we can fix our eyes on him and abide in peace.

Is. 26:3, “You will keep the mind that is dependent on you in perfect peace, for it is trusting in you.”

When our hearts find peace in Christ, we will have a proper perspective that allows us to be thankful. A heart filled with gratitude can be thankful for all things.

Ephesians 5:20, “Giving thanks always for everything to God the Father in the name of our Lord Jesus Christ.”

Our contentment, Our Joy, Our Hope, Our Peace comes from Christ. Contentment frees you to enjoy every good thing God has given you. Contentment comes from a relationship with Christ. Contentment leads to gratefulness.

Charles Spurgeon, 19th century preacher. “You say, If I had a little more, I should be very satisfied. You make a mistake. If you are not content with what you have, you would not be satisfied if it were doubled.”

As we submit ourselves to him through prayer, we can allow his supernatural peace to guard our hearts and minds in Christ Jesus, (Phil. 4:7) By immersing our hearts in gratitude, we can fix our eyes on him and abide in his peace. This will allow us to rest in our Savior.

5) Encounter with Christ

There is no inner peace without having an Encounter w/ Christ, Romans 10:9, If you confess with your mouth, Jesus is Lord, and believe in your heart that God raised him from the dead, you will be saved.”

Can you say that you have had an encounter with Christ. Paul had a dramatic encounter with Christ that captivated him for the rest of his life. He became a new creation, 2Cor. 5:17 “Therefore if anyone is in Christ, he is a new creation, the old has passed away and see the new has come!” When we have an encounter with Christ, it changes everything about us. Have you had an encounter with Christ? Have you had a fresh encounter with Christ? Are you trying to live the Christian life based on something that happened 30 years ago.

“Fresh Encounter, Claude King “Many Christians and churches have grown so familiar with sin and with living apart from intimacy with God that they do not realize how far away from Him they are living.”

Ex. College Campuses, Video

That's what happens with a Fresh Encounter with Christ!!!

Col. 3:17,TPT "Let every activity of your lives and every word that comes from your lips be drenched with the beauty of our Lord Jesus, the Anointed One. And bring your constant praise to God the Father because of what Christ has done for you!

Commentary: Christ Centered Exposition, Colossians

Our identity in Christ deserves and demands a life that is adorned with praise and thanksgiving. Therefore, we must put on spiritual clothes that gratefully rejoice in our Savior.

Our worship must be infused with the truth of the gospel as we promote deeper intimacy with Christ, stronger unity as his people and higher praise for our King! Where are you trying to obtain Inner Peace? It comes from allowing Christ to rule or control our hearts and the word of Christ dwelling deep inside of us.

- P Devoted to Prayer
- E Embrace the power of Christ
- A Abide in His presence
- C Contentment in His Presence, brings gratitude
- E Encounter with Christ